

Sports & Entertainment

Undaunted Content’s D’Angela Proctor produces three films and directs two in Lifetime’s special “Love of a Lifetime’s” November Movie Slate

(November 2, 2025 – Los Angeles, CA) – Undaunted Content proudly announces that its founder and creative force, D’Angela Proctor, brought her creative vision to three of the five highly anticipated films premiering in Lifetime’s Love of a Lifetime November Movie Slate: **Terry McMillan Presents: Preach, Pray, Love** and **Eric Jerome Dickey’s Friends and Lovers Parts 1 and 2**.

This milestone marks the continuation of Proctor’s growing collaboration with Lifetime following her solo directorial debut, *I Was a Child Bride: The Courtney Stodden Story*, which became Lifetime’s #1 movie of 2025.

Preach, Pray, Love, executive produced by literary icon Terry McMillan, Proctor, Karrueche Tran, & Damon Lee, premieres Saturday, November 8 on Lifetime. The film stars Tran, Mark J.P. Hood, Tobias Truvilian, Dawn Halfkenny, Da Brat, B. Simone, and Reginae Carter. The movie, directed by Lee, follows a rapper who falls in love with a preacher, and the entanglement jeopardizes both his church and her recording career.

The two-part event, **Eric Jerome Dickey’s Friends and Lovers** airs Saturday, November 15, and Sunday, November 16, starring Naturi Naughton, Simone Missick, RonReaco Lee, Kendrick Sampson, and Karon Joseph Riley. Adapted from one of Dickey’s most celebrated novels, the film follows two sets of best friends as they navigate love, misunderstandings, and the unpredictability of life - until tragedy reunites them and reveals that friendship is family in its truest form.

Proctor executive produced three of the five films in the November Love of a Lifetime slate and directed two, a remarkable accomplishment that reflects her growing influence as both a storyteller and production company head. Through Undaunted Content, she is building a model for inclusive, premium filmmaking that bridges artistry and production excellence. Her ability to deliver has made Undaunted Content one of Lifetime’s most trusted creative partners.

“This moment isn’t just about the movies. It’s about honoring Terry McMillan and bringing Eric Jerome Dickey’s brilliant characters to life on screen. McMillan and Dickey shaped generations, and I want audiences to remember their contributions to our culture,” said Proctor, from Portugal, where she is producing another movie, soon to be announced.

While *Friends and Lovers* marks only her second time solo directing, Proctor’s producing and executive background spans decades. Her previous producing credits include Keyshia Cole: This Is My Story, Not My Family: The Monique Smith Story, and Terry McMillan Presents: Tempted by Love.

In celebration of *Friends and Lovers*, Undaunted Content will host a special Atlanta premiere event on Saturday, November 13, celebrating faith, the local cast members, and the City of Atlanta, where all three films were produced.

ABOUT UNDAUNTED CONTENT
Founded by D’Angela Proctor, Undaunted Content is a certified women’s and minority-owned production company based in



Undaunted Content amplifies Black authors, literature, and love through Terry McMillan Presents: Preach, Pray, Love and Eric Jerome Dickey’s Friends and Lovers, and hosts an Atlanta screening of Preach, Pray, Love.

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Los Angeles. Built as a storytelling engine, the company produces high-quality, culturally grounded content with universal appeal. From feature films and documentaries to unscripted and branded projects, Undaunted Content delivers fearless, purpose-driven stories that embody excellence and reflect the community it represents.

ABOUT D’ANGELA PROCTOR
A proud Spelman alumna and Houston native, D’Angela Proctor is an attorney, producer, and director who has held senior executive roles at TV One, Lionsgate, and Wayfarer Entertainment. With more than 20 years of experience across film, television, and media strategy, she brings a creative-first, culture-forward approach to every story she tells.

FYH= For Your Health: How to adjust to ‘falling back’ after daylight saving time ...from sports page 4

“There are direct neural pathways from the eye to the brain structures that help re-sync the biological clock. Daylight helps us be active and productive,” Upendar said. This explains why we often feel more tired or groggy in the fall and winter months, when days are shorter and there are fewer hours of sunlight. Most people adjust within a few days, especially with extra sunlight exposure during the day. In severe cases, sometimes called seasonal affective disorder, doctors may prescribe light therapy or melatonin hormone supplements. Additional recommendations for

- good sleep:
- Establish a relaxing pre-sleep ritual, such as taking a bath, reading or listening to calm music.
 - Make sure the bedroom is quiet, dark and at a comfortable temperature.
 - Avoid the bright lights and stimulation of TVs, computers and other electronics before bed.
 - Avoid large meals, alcohol and caffeine before bed.
 - Exercise earlier in the day, not right before bed.
 - Keep the same bedtime and wake time each day, even on weekends.

NFL and USAA announce 2025 nominees from NFL for Salute to Service Award from sports-Military page 2

Indianapolis Colts
Luke Rhodes, Long Snapper
Jacksonville Jaguars
Devin Lloyd, Linebacker
Kansas City Chiefs
Noah Gray, Tight End
Las Vegas Raiders
Najja Williams, Chief Engineer & Facilities Manager
Los Angeles Chargers
Jim Harbaugh, Head Coach
Los Angeles Rams
Andrew Whitworth, Legend
Miami Dolphins
Tom Wilson, Head Groundskeeper
Minnesota Vikings
Aaron Jones Sr., Running Back
New England Patriots
Fred Waggett, Security
New Orleans Saints
Kelvin Smith, Director of Network Operations
New York Giants
Chad Hall, Assistant Quarter-

backs Coach
New York Jets
Tony Richardson, Legend
Philadelphia Eagles
Lindsay Hartig, Game Day Supervisor
Pittsburgh Steelers
Patrick Queen, Linebacker
San Francisco 49ers
Christian McCaffrey
San Francisco 49ers
Seattle Seahawks
Brady Russell, Fullback
Tampa Bay Buccaneers
Brian Ford, Chief Operating Officer
Tennessee Titans
Darrell Baker Jr., Cornerback
Washington Commanders
Zach Ertz, Tight End

